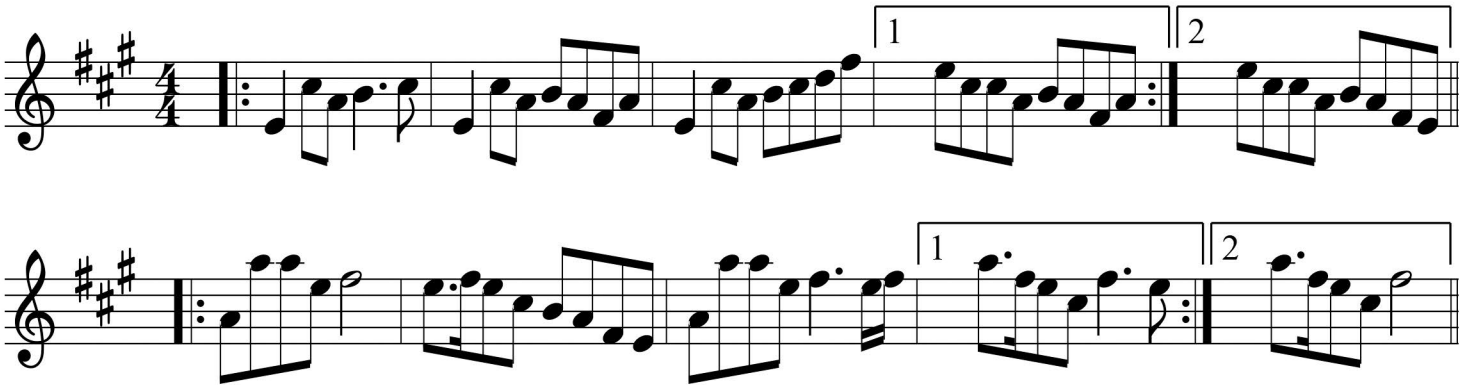Bennachie Sunrise